



MSPA Spring Conference 2018

Combating Adverse Childhood Experiences (ACES) in Schools

Adam Rosenberg, Esq.

**Executive Director, Baltimore Child Abuse Center
and**

Ericka Leonard

**Forensic Interviewer, Baltimore Child Abuse Center (BCAC)
and**

Katherine Esser, LGSW

**Bilingual clinical social worker, Baltimore Child Abuse Center (BCAC)
and**

Eric Rossen, Ph.D.

**Director, Professional Development and Standards at National Association of School Psychologists
and**

Carrie Freshour, LCSW-C

Director of Prevention and Intervention Education at Araminta Freedom Initiative

Friday, April 20, 2018

***The Hotel at Arundel Preserves
7795 Arundel Mills Boulevard
Hanover, Maryland 21076***

PROGRAM OVERVIEW

8:15 - 9:00	Registration and Continental Breakfast
9:00 - 12:00	Adam Rosenberg, Esq. (ACES)
12:00 - 1:30	Buffet Lunch, MSPA General Meeting and MSPA Awards
1:30 - 4:00	Afternoon Speaker (Erika Leonard & Katherine Esser, Eric Rossen, or Carrie Freshour)

Morning Session: “Oh They’re Just ADHD: Adverse Childhood Experiences, and How Trauma & Mental Health Impact Learning” Adam Rosenberg, Esq.

In 1995, the Center for Disease Control and Kaiser Permanente discovered 10 common Adverse Childhood Experiences (ACEs) relating to child abuse, neglect and household dysfunction that have been proven to have a negative emotional, mental, and physical health impacts long into adulthood. Without intervention, victims of child abuse and maltreatment are at an increased risk of mental illness, depression, and suicide, and serious health issues such as obesity, eating disorders, sexually transmitted diseases, teen pregnancy, and early death. Due to the commonality of symptoms, these ACEs are often confused with mental health diagnoses and students are written off as just too difficult to handle. Participants will gain appreciation of the ACE study and its findings, how signs and symptoms of ACEs mirror psychological disorders, explore strategies for building resiliency and providing support, and educating teachers and schools on how they can better serve children in crisis and trauma.

Learning objectives:

1. Participants will gain an understanding of the history and relevance of Adverse Childhood Experiences.
2. Participants will explore the long-term impact of ACEs, and how signs and symptoms of ACEs and trauma mirror psychiatric diagnoses.
3. Participants will identify strategies for building resiliency and providing support to child victims of trauma and children in crisis.
4. Participants will gain tools to bring back to their school and teachers on understanding ACEs, creating supportive learning environments, and how to better respond to childhood trauma and children in crisis.

Attendees will attend 1 of the following afternoon sessions:

Option 1: “It Takes A Village: Understanding Child Abuse, It’s Impact on Learning and Mental Health, and Bringing Trauma Informed Care to School” Erika Leonard, LGSW, and Katherine Esser, LGSW

One in every eight children will be a victim of abuse or maltreatment by their eighteenth birthday, and only one in ten children will ever tell someone about the abuse they are experiencing. This training will provide participants with a comprehensive understanding of child abuse and neglect, the emotional and developmental impact that it has on children, mandated reporting laws, and the roadblocks that impact a professional’s ability to report. Furthermore, the training will explore signs and symptoms of abuse, how the signs can be confused with other mental health disorders, and the impact that has on children and those who are trying to help them. Participants will leave armed with a better understanding of child abuse and neglect and how to bring trauma informed care back to their schools and the students they serve.

Learning objectives:

1. Participants will gain a better understanding of child abuse and neglect, and the mandated reporting laws in Maryland.
2. Participants will know the signs and symptoms of abuse, and how these may look like or mirror psychiatric diagnoses.
3. Participants will learn how abuse impacts children’s ability to learn, and how signs and symptoms may impact their relationships with school professionals.

4. Participants will gain a better understanding of trauma informed care, and tools to bring back to their school and teachers to better educate them on how to identify, work with, create safe environments, and provide support for child victims of abuse.

Option 2: “Creating Trauma Informed Classrooms and Schools” Eric Rossen, Ph.D.

Traumatic or adverse experiences can undermine students’ ability to learn, form relationships, and manage feelings and behavior. Given the pervasive nature of childhood adversity and the challenges in measuring the impacts of those experiences, a trauma-informed school-wide approach is indicated over a clinical model focused solely on individual pathology. Importantly, all educators can provide relevant supports for students experiencing stress or trauma, regardless of formal mental health backgrounds; school psychologists can serve a critical role in equipping educators with those skills and informing effective school policy. This presentation will help school psychologists effectively describe the impact of trauma; discuss relevant school or district policies that promote a trauma-informed school environment within an MTSS framework; identify recent case law and state statutes that reflect trauma-informed approaches; apply a trauma-informed approach to IEP development; and apply practical, implementable strategies at the district and classroom levels to support students with a history of trauma.

Learning objectives:

1. Participants will define and describe the complex nature of trauma and its impact on students.
2. Participants will apply school-wide and classroom-based strategies to support traumatized students using a trauma lens.
3. Participants will identify the components of trauma-informed schools.
4. Participants will learn how to apply a trauma-informed approach to IEP development.

Option 3: “Human Trafficking/ Domestic Child Sex Trafficking: Prevention and Intervention Education for Clinicians” Carrie Freshour, LCSW-C

The only way the mission to end Domestic Sex Trafficking (DMST) in our region will be successful is if every sector of our community works together to accomplish this goal. This means the government, community, schools, nonprofits, law enforcement, and businesses must all work together and be unified in their mission. To this end, Araminta Freedom Initiative provides prevention and intervention trainings across the state.

The Human Trafficking/ Domestic Child Sex Trafficking training will provide participants with a deeper understanding of human trafficking, the types of sex trafficking, vulnerabilities of all children, and the heightened risk factors of some children. Participants will get an introduction to the psychological impact of trauma and what to look for when working with and talking to children and adolescents and leave with a the tools necessary to notice, respond and report concerns of domestic child sex trafficking in their community.

Learning objectives:

1. Participants will gain an overview of domestic child sex trafficking and the scope of the problem.
2. Participants will identify heightened risk factors and adolescent vulnerabilities to human trafficking.
3. Participants will be introduced to the psychological impact of human trafficking.
4. Participants will gain an understanding of the Impact of trauma and trauma bonding.
5. Participants will learn reporting procedures.
6. Participants will learn how to respond to concerns and provide support to school based staff in reporting procedures.

ABOUT THE SPEAKERS

Adam C. Rosenberg, Esq. As head of Baltimore Child Abuse Center, Adam Rosenberg brings together his passion for community development, background in not-for-profit management, and experience in law to wage a battle against child sexual abuse in Baltimore, and to advocate for better laws and protections for children everywhere. Mr. Rosenberg is one

this nation's leading experts on child advocacy centers, mandatory reporting of abuse, and finding innovative solutions to help children who have been victims of abuse and maltreatment. Mr. Rosenberg has testified numerous times at all levels of government - city hall, county council, Annapolis, and Washington, DC - to advocate for protections for children and for assistance for those who tirelessly work to help them. Throughout his career, Mr. Rosenberg has been a strong advocate for social justice and a voice for those who cannot speak for themselves—especially abused children and women. He was the first male prosecutor to join the Domestic Violence Unit of the Baltimore City State's Attorney's Office, and later prosecuted hundreds of cases involving sex offenders, stalkers and predators, child pornographers, and violent abusers as a member of the Sex Offense Unit. Mr. Rosenberg then joined The Associated: Jewish Community Federation of Baltimore and as Vice President of Leadership Development and Outreach supervised the strategic placement, retention, recruitment and education of the enormous base of leaders which support The Associate and its agencies.

A graduate of Cornell University and the Benjamin N. Cardozo School of Law, he served as an associate attorney in a plaintiff's litigation firm and as an Assistant State's Attorney for the City of Baltimore. Both as a plaintiff's attorney and as a prosecutor, Mr. Rosenberg was responsible for all aspects of complex litigation. Before entering the practice of law, he worked for Kimberly Scott & Associates as a senior consultant, providing training and strategic services to political candidates.

In 2009, Mr. Rosenberg was appointed to the Governor's State Council on Child Abuse and Neglect, and in 2013 to the Governor's Family Violence Task Force. He served on Mayor Stephanie Rawlings-Blake's transition committee in 2010 and is also a graduate of the Greater Baltimore Committee's 2010 class. In 2011 Mr. Rosenberg was selected to be a finalist in The Daily Record's Health Care Heroes and was named to The Daily Record's VIP by 40 List. Mr. Rosenberg serves as Vice President of the Maryland Children's Alliance and is also on multiple advisory boards. In 2015 Mr. Rosenberg was elected to the Board of Directors of the National Children's Alliance, the national accrediting agency for all 777 child advocacy centers. The Baltimore Orioles recognized Mr. Rosenberg as a Birdland Community Hero in 2016.

Erika Leonard, LGSW Ericka Leonard is a Forensic Interviewer at the Baltimore Child Abuse Center (BCAC). Previously, Ericka has worked as an educator (Middle School World Languages) at an independent school in Maryland. She holds a Bachelor's Degree in French Language and Literature and an MSW from University of Maryland-Baltimore. During graduate school, she conducted research studies on topics such as gang-related violence in Baltimore City Schools, as well as the impact of methadone clinics in Baltimore neighborhoods. She has given presentations on topics including Ethical Responsibilities/Decisions for Social Workers, Child Abuse and Neglect, Mandated Reporting, and Trauma-Informed MDT Practices. Ericka is also a certified yoga instructor who enjoys teaching in the community, and serves as a member of the Resiliency committee at BCAC.

Katherine Esser, LGSW, is a bilingual clinical social worker with the Baltimore Child Abuse Center (BCAC). She has nearly 15 years' experience working with immigrant and low income communities in areas of community development, school and community coordination, case management and trauma focused therapy. Prior to joining BCAC she worked two years with Baltimore City Public Schools providing trauma focused clinical treatment for middle and high school students. Additionally she has organized a number of student, parent and school administrative efforts to create trauma informed systems and promote resiliency in the school setting. Now with BCAC she serves children of all ages and their families post-disclosure of physical or sexual abuse. Individual, group and family work at BCAC is all trauma focused and evidenced based, focused on decreasing trauma symptoms and preventing future abuse.

Eric Rossen, Ph.D. received his doctorate in School Psychology from the University of Florida, and is a Nationally Certified School Psychologist and licensed psychologist in the state of Maryland. He has experience working in public schools as well as independent practice, and is currently the Director of Professional Development and Standards for the National Association of School Psychologists. Dr. Rossen has published two books and several manuscripts and presented nationally on issues related to bullying, crisis response, trauma, behavior management, emotional intelligence, social-emotional functioning, school psychological practices, obesity, and psychological assessment. Dr. Rossen has published three books on the following topics: 1) Obesity 101 (Springer); 2) Supporting and Educating Traumatized Students: A Guide for School Based Professionals (Oxford University Press); and 3) The School Psychology Practicum and Internship Handbook (Springer). Dr. Rossen has been interviewed by various media sources, including CNN, CBS Evening News, NPR, Washington Post, and the Wall Street Journal. He also has served as a college instructor and adjunct faculty at the University of Missouri and Prince George's Community College in Maryland.

Carrie Freshour, LCSW-C a Licensed Clinical Social Worker (LCSW-C) who has worked in the field of behavioral health for over twenty years and has provided direct services, advocacy, education, and program management across community mental health agencies, health-care environments, child advocacy centers, in private practice, and in school settings. Her background is in working with individuals with developmental disabilities, co-occurring behavioral health conditions, childhood trauma and maltreatment.

Since 2006 she has provided program/policy development and leadership, implemented large grant funded programs around systems change initiatives, and provided clinical supervision to staff members and teams. In 2013 Carrie began her own behavioral health-consulting firm where she has most recently worked with one of Maryland's largest public school systems to implement emotional and behavior health programming, as well as prevention and intervention training and education to district and school based staff, with emphasis on creating trauma sensitive schools. In 2016 Carrie began working with Araminta Freedom Initiative as the Director of Prevention and Intervention Education, where she implemented Human Trafficking Prevention and Intervention Education across three of Maryland's school systems. In 2017 Carrie accepted a position as the Chief Operating Officer with Araminta Freedom Initiative.

Much of Carrie's work is rooted in her passion for creating trauma informed systems within our communities. She holds a deep appreciation for higher learning and she enjoys talking with others about the need for making those who feel invisible visible in our communities. She believes that we are all different and that difference should be Embraced, not challenged.

INFORMATION AND DIRECTIONS

The conference will be held at **The Hotel at Arundel Preserves, 7795 Arundel Mills Boulevard, Hanover, Maryland 21076**. Attendees can book a room at the hotel the night before or the night of the conference at a special MSPA rate of \$152.00. Call 1-888-624-4011 and identify yourself as an MSPA conference attendee. The room block will be released to general registrations on March 30, 2018.

Documentation of attendance for 5.5 hours of Continuing Professional Development/Continuing Education (CPD/CE) credit will be provided to certified school psychologists and licensed psychologists who complete the entire workshop. Partial credit cannot be awarded. In order to receive CPD/CE credit, attendees must arrive no later than 15 minutes after the start, and may not leave prior to 15 minutes before the end of the program. The National Association of School Psychologists (NASP) and hence the Maryland Board of Examiners of Psychologists recognize MSPA as an approved provider of CPD/CE for psychologists (NASP APS #1002). MSPA maintains responsibility for the program.

Go to www.msponline.org to register and pay online or download the full brochure to **mail in your registration form and check to: MSPA Spring Conference, P.O. Box 1859, Westminster, MD 21158**.

Mail-in registrations must be **postmarked by March 31, 2018**. *There is a \$25.00 additional fee for late registrants*. The late fee goes into effect beginning March 16, 2018. Due to the nature of this conference, there is a **REGISTRATION DEADLINE of April 6, 2018** and there will be **NO WALK-IN REGISTRATIONS**. **If you want confirmation of your registration, please include a stamped, self-addressed postcard**. Your attendance certificate acts as your receipt (monetary receipts are available at the conference upon request). Registration is limited and accepted on a first come, first served basis. Reimbursement requests for registration cancellations will be honored until March 31, 2018. **Reimbursement requests after that date cannot be guaranteed**.

MSPA does not offer a group registration rate however, employers who register a group of 10 or more will receive 1 complimentary registration. Email the list of names as well as registration forms for each registrant to Amy Jagoda at aljagod@carrollk12.org. She will give you the total cost for the registrations.

The required annual MSPA general membership meeting will be held during the luncheon. Meeting rooms are wheelchair accessible and any participant that requires any special services (such as an interpreter), should note this requirement on the registration form at least one month in advance of the conference. Persons with questions or special needs should contact: Amy Jagoda at (410) 386-1818 or aljagod@carrollk12.org.

The MSPA Program Committee recognizes the commitment of time and resources to attend professional conferences. Due to the sensitive nature of the topics discussed, as well as the professional setting of our activities, we cannot accommodate children at our conferences. We will make efforts at each conference to accommodate the privacy needs of nursing mothers. Thank you for understanding.

REGISTRATION FORM

NAME: _____

ADDRESS: _____

CITY / STATE / ZIP: _____

HOME PHONE: (____) _____ WORK PHONE: (____) _____

PREFERRED E-MAIL ADDRESS: _____

EMPLOYER: _____ POSITION: _____

____ Check if a Sign-language interpreter is needed (request must be received before March 29, 2018)

All attendees will hear Adam C. Rosenberg, Esq. speak in the morning. **Attendees will attend 1 afternoon session.** Rank your preferences for afternoon speaker (1st choice, 2nd choice, and 3rd choice). Preferences will be applied on a first come first served basis until the space for that session is filled. *If you do not include preferences on your registration, you will be placed in a session.*

_____ **Erika Leonard, LGSW, and Katherine Esser, LGSW** “It Takes a Village: Understanding Child Abuse, It’s Impact on Learning and Mental Health, and Bringing Trauma Informed Care to School”

_____ **Eric Rossen, Ph.D.** “Creating Trauma-Informed Classrooms and Schools”

_____ **Carrie Freshour, LCSW-C** “Human Trafficking/ Domestic Child Sex Trafficking- Prevention and Intervention Education Program”

Conference Fee Schedule: (Make checks payable to MSPA):

_____ MSPA/MPA Member in Good Standing.....	\$150.00
_____ Nonmember.....	\$205.00
_____ Full-time MSPA Student Member or Retired Member.....	\$100.00
_____ Full-time Student Nonmember.....	\$115.00
_____ Vendor Requesting Table.....	\$250.00
_____ Late Fee if postmarked after March 15 th	\$25.00